SHAC MINUTES

September 16, 2020

1. Meeting called to order by Marissa Neal at 10:10 a.m.

Members present:

Parents: K. Muskievicz & Marissa Neal

Students: Angus McLaughlin, Reigha Weaver

Community members: Liz Thomas; Bill Booker, Angela Fiedler

Teachers/Staff: Devin Sweet

Nurse: Jane Schaleben

Administrator: Verlene Wallace, Luci Harmon

1. Action/Information/Discussion
2. Introduce new members and roles: Marissa Neal (parent chair); Reigha Weaver & Angus McLaughlin (student representatives)
3. Reviewed SHAC goals and changes to the Nutrition Plan
4. **Proper student physical fitness, health & wellness**
   1. Wallace shared goals for physical fitness and health
   2. Wallace shared Covid prevention strategies the district is utilizing & guidelines given to parents for students with fever.
   3. Thomas requests copy of form as well as information for prevention guidelines for night class as well as contact for smaller child-size masks. Schaleben recommended contacting Walker in the office. Schaleben also gave recommendations for prevention steps that can be used for night class. Harmon shared that rooms are disinfected and that M. Walker would have information regarding that option for the church as well as being willing to donate reusable masks for night class. Wallace later texted resource for smaller masks as seen at Wal-Mart.
   4. Thomas indicated that the church would like to provide gift cards and asked about increment. Wallace said $25. Thomas also shared that socks were collected.
5. **Employee wellness**
   1. Wallace shared wellness goals for staff
   2. Wallace shared that wellness activities will be used at monthly staff meetings
6. **Proper nutrition/wellness education for students**
   1. Wallace shared goals pertaining to nutrition and wellness education for students.
   2. Wallace shared that the district would like to explore the nutrition program offered by Ag Extension when possible.
   3. Wallace shared that activities for mindfulness will continue to be taught & posters for help line are posted in the middle school building.
7. Wallace asks members to email her dates members are NOT available in November, January and April so that we can choose future meeting dates.
8. Motion to approve goals for the year made by Schaleben, second by Thomas.

1. Motion made by Schaleben to adjourn meeting at 2:15 10:30 a.m. Second by Weaver.